



REF 10113

Jo-1



Instruction Manual

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	Product Ref.	10113
	Product Desc.	Jo-1
	Manual Rev. No.	006: 2024-06-13

1 Intended Use

Jo-1 is a solid phase enzyme immunoassay with recombinant human histidyl-tRNA-synthetase (HRS) for the quantitative detection of antibodies against Jo-1 (named after the prototype patient) in human serum. Human sera with anti-Jo-1 antibodies solely recognize HRS of higher eukaryotes and react with highest affinity with the human enzyme.

The assay is a tool in the diagnosis of polymyositis and dermatomyositis.

2 Clinical Application and Principle of the Assay

Antibodies against Jo-1 are directed against the reactive site of histidyl-tRNA-synthetase (HRS) which is an cytoplasmic enzyme belonging to the group of aminoacyl transferases. These are responsible for the linking of the respective amino acid (for HRS it is histidine) to its cognate transfer RNA. HRS is present in the cell as homodimer, its identical subunits of approximately 50 kDa are each bound to tRNA.

Autoantibodies are commonly found in sera with myositis, and some are highly specific for this disorder. Each myositis-specific antibody defines a group of myositis patients with distinctive clinical features. About 30 % of adults with myositis have antibodies to an aminoacyl transferase, and in at last 80% of cases the antibodies are directed to HRS. Anti-Jo-1 antibodies are almost exclusively found in patients with myositis. They occur in primary polymyositis with a prevalence of 33%, in primary dermatomyositis with 25% and in secondary myositis associated with other connective tissue diseases with 15% prevalence. The onset of the disease is often acute with prominent systemic features such as fever. Myositis is often severe although cases without clinical muscle involvement are reported. Interstitial pneumonitis is a prominent clinical manifestation which is the next most common clinical feature after myositis in anti-Jo-1 positive patients, being present in 50-90 % compared to <10% of other patients with polymyositis or dermatomyositis.

Other myositis-specific antibodies have been detected (prevalence < 5%): antibodies against threonyl- (anti-PL-7), alanyl- (anti-PL-12), isoleucyl- (anti-OJ) and glycyl-tRNA synthetase (anti-EJ) e.g.

Principle of the test

Serum samples diluted 1:101 are incubated in the microplates coated with the specific antigen. Patient's antibodies, if present in the specimen, bind to the antigen. The unbound fraction is washed off in the following step. Afterwards anti-human immunoglobulins conjugated to horseradish peroxidase (conjugate) are incubated and react with the antigen-antibody complex of the samples in the microplates. Unbound conjugate is washed off in the following step. Addition of TMB-substrate generates an enzymatic colorimetric (blue) reaction, which is stopped by diluted acid (color changes to yellow). The intensity of color formation from the chromogen is a function of the amount of conjugate bound to the antigen-antibody complex and this is proportional to the initial concentration of the respective antibodies in the patient sample.

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3 Kit Contents

TO BE RECONSTITUTED				
Item	Quantity	Cap color	Solution color	Description / Contents
Sample Buffer (5x)	1 x 20ml	White	Yellow	5 x concentrated Tris, sodium chloride (NaCl), bovine serum albumin (BSA), sodium azide < 0.1% (preservative)
Wash Buffer (50x)	1 X 20ml	White	Green	50 x concentrated Tris, NaCl, Tween 20, sodium azide < 0.1% (preservative)
READY TO USE				
Item	Quantity	Cap color	Solution color	Description / Contents
Negative Control	1 x 1.5ml	Green	Colorless	Human serum (diluted), bovine serum albumin (BSA), sodium azide < 0.1% (preservative)
Positive Control	1 x 1.5ml	Red	Yellow	Human serum (diluted), bovine serum albumin (BSA), sodium azide < 0.1% (preservative)
Calibrators	6 x 1.5ml	White	Yellow *	Concentration of each calibrator: 0, 3, 10, 30, 100, 300 U/ml. Human serum (diluted), bovine serum albumin (BSA), sodium azide < 0.1% (preservative)
Conjugate, IgG	1 x 15ml	Blue	Blue	Containing: Anti-human immunoglobulins conjugated to horseradish peroxidase, bovine serum albumin (BSA),
TMB Substrate	1 x 15ml	Black	Colorless	Stabilized tetramethylbenzidine and hydrogen peroxide (TMB/H ₂ O ₂)
Stop Solution	1 x 15ml	White	Colorless	1M Hydrochloric Acid
Microtiter plate	12 x 8 well strips	N/A	N/A	With breakaway microwells. Refer to paragraph 1 for coating.
* Color increasing with concentration				
MATERIALS REQUIRED, BUT NOT PROVIDED				
Microtiter plate reader 450 nm reading filter and recommended 620 nm reference filter (600-690 nm). Glass ware (cylinder 100-1000ml), test tubes for dilutions. Vortex mixer, precision pipettes (10, 100, 200, 500, 1000 µl) or adjustable multipipette (100-1000µl). Microplate washing device (300 µl repeating or multichannel pipette or automated system), adsorbent paper. Our tests are designed to be used with purified water according to the definition of the United States Pharmacopeia (USP 26 - NF 21) and the European Pharmacopeia (Eur.Ph. 4th ed.).				

4 Storage and Shelf Life

Store all reagents and the microplate at 2-8°C/35.6-46.4°F, in their original containers. Once prepared, reconstituted solutions are stable at 2-8°C/35.6-46.4°F for at least 1 month. Reagents and the microplate shall be used within the expiry date indicated on each component, only. Avoid intense exposure of TMB solution to light. Store microplates in designated foil, including the desiccant, and seal tightly.

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5 Precautions of Use

5.1 Health hazard data

THIS PRODUCT IS FOR IN VITRO DIAGNOSTIC USE ONLY. Thus, only staff trained and specially advised in methods of in vitro diagnostics may perform the kit. Although this product is not considered particularly toxic or dangerous in conditions of the intended use, refer to the following for maximum safety:

Recommendations and precautions

This kit contains potentially hazardous components. Though kit reagents are not classified being irritant to eyes and skin we recommend to avoid contact with eyes and skin and wear disposable gloves.

WARNING ! Calibrators, Controls and Buffers contain sodium azide (NaN₃) as a preservative. NaN₃ may be toxic if ingested or adsorbed by skin or eyes. NaN₃ may react with lead and copper plumbing to form highly explosive metal azides. On disposal, flush with a large volume of water to prevent azide build-up. Please refer to decontamination procedures as outlined by CDC or other local/national guidelines.

Do not smoke, eat or drink when manipulating the kit. Do not pipette by mouth.

All human source material used for some reagents of this kit (controls, standards e.g.) has been tested by approved methods and found negative for HbsAg, Hepatitis C and HIV 1. However, no test can guarantee the absence of viral agents in such material completely. Thus handle kit controls, standards and patient samples as if capable of transmitting infectious diseases and according to national requirements.

The kit contains material of animal origin as stated in the table of contents, handle according to national requirements.

5.2 General directions for use

In case that the product information, including the labeling, is defective or incorrect please contact the manufacturer or the supplier of the test kit.

Do not mix or substitute reagents or microplates from different lot numbers. This may lead to variations in the results.

Allow all components to reach room temperature (20-32°C/68-89.6°F) before use, mix well and follow the recommended incubation scheme for an optimum performance of the test.

Incubation: We recommend test performance at 30°C/86°F for automated systems.

Never expose components to higher temperature than 37°C/ 98.6°F.

Always pipette substrate solution with brand new tips only. Protect this reagent from light. Never pipette conjugate with tips used with other reagents prior.

A definite clinical diagnosis should not be based on the results of the performed test only, but should be made by the physician after all clinical and laboratory findings have been evaluated. The diagnosis is to be verified using different diagnostic methods.

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6 Sample Collection, Handling and Storage

Use preferentially freshly collected serum samples. Blood withdrawal must follow national requirements. Do not use icteric, lipemic, hemolysed or bacterially contaminated samples. Sera with particles should be cleared by low speed centrifugation (<1000 x g). Blood samples should be collected in clean, dry and empty tubes.

After separation, the serum samples should be used during the first 8h, respectively stored tightly closed at 2-8°C/35.6-46.4°F up to 48h, or frozen at -20°C/-4°F for longer periods

7 Assay Procedure

7.1 Preparations prior to starting

Dilute concentrated reagents:

Dilute the concentrated sample buffer 1:5 with distilled water (e.g. 20 ml plus 80 ml).

Dilute the concentrated wash buffer 1:50 with distilled water (e.g. 20 ml plus 980 ml).

To avoid mistakes we suggest to mark the cap of the different calibrators.

Samples:

Dilute serum samples 1:101 with sample buffer (1x)

e.g. 1000 µl sample buffer (1x) + 10 µl serum. Mix well !

Washing:

Prepare 20 ml of diluted wash buffer (1x) per 8 wells or 200 ml for 96 wells

e.g. 4 ml concentrate plus 196 ml distilled water.

Automated washing:

Consider excess volumes required for setting up the instrument and dead volume of robot pipette.

Manual washing:

Discard liquid from wells by inverting the plate. Knock the microwell frame with wells downside vigorously on clean adsorbent paper. Pipette 300 µl of diluted wash buffer into each well, wait for 20 seconds. Repeat the whole procedure twice again.

Microplates:

Calculate the number of wells required for the test. Remove unused wells from the frame, replace and store in the provided plastic bag, together with desiccant, seal tightly (2-8°C/35.6-46.4°F).

7.2 Pipetting Scheme

We suggest pipetting calibrators, controls and samples as follows:

For *QUANTITATIVE* interpretation

	1	2	3	4...
A	Cal A	Cal E	P1	
B	Cal A	Cal E	P1	
C	Cal B	Cal F	P2	
D	Cal B	Cal F	P2	
E	Cal C	PC	P3	
F	Cal C	PC	P3	
G	Cal D	NC	...	
H	Cal D	NC	...	

CalA: calibrator A

CalB: calibrator B

CalC: calibrator C

CalD: calibrator D

CalE: calibrator E

CalF: calibrator F

PC: positive control



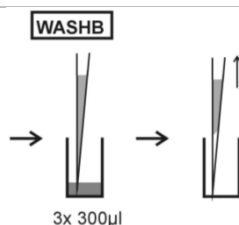
NC: negative control

P1: patient 1


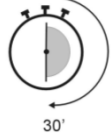
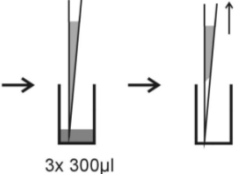

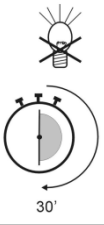
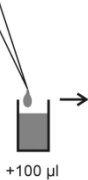

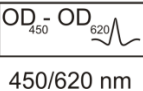
P2: patient 2

P3: patient 3

7.3 Test Steps

Step	Description
1.	Ensure preparations from step 7.1 above have been carried out prior to pipetting.
2.	Use the following steps in accordance with quantitative interpretation results desired:
CONTROLS & SAMPLES	
3.	 <p>Pipette into the designated wells as described in chapter 7.2 above, 100 µl of either: Calibrators (CAL.A to CAL.F) and 100 µl of each of the following:</p> <ul style="list-style-type: none"> Negative control (NC) and Positive control (PC), and Patients diluted serum (P1, P2...)
4.	 <p>Incubate for 30 minutes at 20-32°C/68-89.6°F.</p>
5.	 <p>Wash 3x with 300 µl washing buffer (diluted 1:50).</p>

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CONJUGATE	
6.	<div> <div> <div>CONJ</div>  </div> <div>Pipette 100 µl conjugate into each well.</div> </div>
7.	<div>  </div> <div>Incubate for 30 minutes at 20-32°C/68-89.6°F.</div>
8.	<div> <div> <div>WASHB</div>  </div> <div>Wash 3x with 300 µl washing buffer (diluted 1:50).</div> </div>
SUBSTRATE	
9.	<div> <div> <div>SUB</div>  </div> <div>Pipette 100 µl TMB substrate into each well.</div> </div>
10.	<div>  </div> <div>Incubate for 30 minutes at 20-32°C/68-89.6°F, protected from intense light.</div>
STOP	
11.	<div> <div> <div>STOP</div>  </div> <div>Pipette 100 µl stop solution into each well, using the same order as pipetting the substrate.</div> </div>
12.	<div>  </div> <div>Incubate 5 minutes minimum.</div>
13.	<div> <div>Agitate plate carefully for 5 sec.</div> </div>
14.	<div> <div>  </div> <div>Read absorbance at 450 nm (recommended 450/620 nm) within 30 minutes.</div> </div>

8 Quantitative Interpretation

For **quantitative interpretation** establish the standard curve by plotting the **optical density (OD) of each calibrator (y-axis)** with respect to the corresponding concentration values in U/ml (x-axis). For best results we recommend log/lin coordinates and 4-Parameter Fit. From the OD of each sample, read the corresponding antibody concentrations expressed in U/ml.

Normal Range	Equivocal Range	Positive Results
< 12 U/ml	12 - 18 U/ml	>18 U/ml

Example of a standard curve

We recommend pipetting calibrators in parallel for each run.

Calibrators IgG	OD 450/620 nm	CV % (Variation)
0 U/ml	0.051	0.0
3 U/ml	0.136	1.8
10 U/ml	0.334	2.2
30 U/ml	0.635	2.9
100 U/ml	1.278	2.4
300 U/ml	2.292	0.8

Example of calculation

Patient	Replicate (OD)	Mean (OD)	Result (U/ml)
P 01	0.840/0.849	0.845	48.4
P 02	0.351/0.376	0.364	13.6

Samples above the highest calibrator range should be reported as >Max. They should be diluted as appropriate and re-assayed. Samples below calibrator range should be reported as < Min.

For lot specific data, see enclosed quality control leaflet. Medical laboratories might perform an in-house quality control by using own controls and/or internal pooled sera, as foreseen by national regulations.

Each laboratory should establish its own normal range based upon its own techniques, controls, equipment and patient population according to their own established procedures.

In case that the values of the controls do not meet the criteria the test is invalid and has to be repeated.

The following technical issues should be verified: Expiration dates of (prepared) reagents, storage conditions, pipettes, devices, photometer, incubation conditions and washing methods.

If the items tested show aberrant values or any kind of deviation or that the validation criteria are not met without explicable cause please contact the manufacturer or the supplier of the test kit.

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9 Technical Data

Sample material:	serum
Sample volume:	10 µl of sample diluted 1:101 with 1x sample buffer
Total incubation time:	90 minutes at 20-32°C/68-89.6°F
Calibration range:	0-300 U/ml
Analytical sensitivity:	2.9 U/ml
Storage:	at 2-8°C/35.6-46.4°F use original vials only.
Number of determinations:	96 tests

10 Performance Data

10.1 Normal Range

Sera of healthy donors have been investigated on Jo-1 and resulted in the following distribution:

Number of Samples	negative	borderline	positive
80	80 (100 %)	0 (0 %)	0 (0%)

We also recommend that each laboratory should establish its own normal range.

10.2 Precision

Precision of test results obtained with Jo-1, REF 10113 were assessed by the determination of the intra- and inter assay precision as well as the lot-to-lot variance by the analysis of multiple samples of different antibody activities.

Sample ID	Intra Assay Precision		Inter Assay Precision		LOT to LOT Precision	
	Mean (U/ml)	CV	Mean (U/ml)	CV	Mean (U/ml)	CV
Sample 1	7.68	4.1%	7.68	13.5%	8.08	4.8%
Sample 2	15.14	2.2%	15.14	9.7%	15.73	2.7%
Sample 3	38.06	3.1%	38.06	8.5%	38.85	3.6%
Sample 4	61.58	3.6%	61.58	9.8%	62.10	4.3%
Sample 5	197.53	4.3%	197.53	15.0%	186.66	5.5%

10.3 Sensitivity and Specificity

Analytical sensitivity

The analytical sensitivity has been assessed by multiple analysis of sample buffer and low positive samples and calculating the limit of detection.

For Jo-1, REF 10113 a **LoD of 2.9 U/ml** has been determined.

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10.4 Linearity

Three sera covering the whole test range were diluted serially with a negative serum sample. Measured and expected values of the distinct dilutions were used to calculate a linear regression. According to results of linearity testing a measurable range of 3 - 300 U/ml was determined for Jo-1.

10.5 Calibration

The Jo-1 is calibrated against reference sera from the CDC Atlanta (Centers for Disease Control and Prevention). The results are expressed in U/ml.

11 Disposal

Please observe the relevant statutory requirements!

12 Literature

Nishikai and Reichlin (1980). Heterogeneity of precipitating antibodies in polymyositis and dermatomyositis. Characterization of the Jo-1 antibody system. *Arthritis Rheum* 23: 881-888.

Love LA, Leff RL, Fraser DD, Targoff IN, Dalakas M, Plotz PH, Miller FW (1991). A new approach to the classification of idiopathic inflammatory myopathy: myositis-specific autoantibodies define useful homogeneous patient groups. *Medicine (Baltimore)* 70: 360-374.






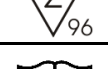

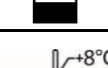











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Biswas T, Miller FW, Takagaki Y, Plotz PH (1987). An enzyme-linked immunosorbent assay for the detection and quantitation of anti-Jo-antibody in human serum. *J Immunol Methods* 98: 243-248.

Lothar Thomas: Labor und Diagnose. Indikation und Bewertung von Laborbefunden für die medizinische Diagnostik., 8. Auflage, TH Books

CLSI Guideline GP44-A4: Procedures for the Handling and Processing of Blood Specimens for Common Laboratory Tests

	- Diagnosi in vitro - Pour diagnostic in vitro - In Vitro Diagnostikum - Para uso Diagnóstico in vitro	- For in vitro diagnostic use - Para uso diagnóstico in vitro - In Vitro Διαγνωστικό μέσο
	* Numero d'ordine * Référence Catalogue * Bestellnummer * Número de catálogo	* Catalogue number * Numéro de catalogue * Αριθμός παραγγελίας
	* Descrizione lotto * Lot * Chargen Bezeichnung * Lote	* Lot * Lote * Χαρακτηρισμός παρτίδας
	* Identificatore univoco del dispositivo * Identifiant unique de l'appareil * eindeutige Produktidentifizierung * Identificador único do dispositivo	* Unique Device Identifier * Identificador único del dispositivo * Μοναδικό αναγνωριστικό συσκευής
	* Conformità europea * Déclaration CE de Conformité * Europäische Konformität * Declaração CE de Conformidade	* EC Declaration of Conformity * Declaración CE de Conformidad * Ευρωπαϊκή συμφωνία
	* 96 determinazioni * 96 tests * 96 Bestimmungen * 96 Testes	* 96 tests * 96 pruebas * 96 προσδιορισμοί
	* Rispettare le istruzioni per l'uso * Voir les instructions d'utilisation * Gebrauchsanweisung beachten * Ver as instruções de uso	* See instructions for use * Ver las instrucciones de uso * Λάβετε υπόψη τις οδηγίες χρήσης
	* Da utilizzarsi entro * Utilise avant le * Verwendbar bis * Utilizar antes de	* Use by * Utilizar antes de * Χρήση μέχρι
	* Conservare a 2-8°C * Conserver à 2-8°C * Lagerung bei 2-8°C * Conservar entre 2-8°C	* Store at 2-8°C (35.6-46.4°F) * Conservar a 2-8°C * Φυλάσσεται στους 2-8°C
	* Prodotto da * Fabriqué par * Hergestellt von * Fabricado por	* Manufactured by * Fabricado por * Κατασκευάζεται από
	* Controllo positivo * Contrôle Positif * Positiv Kontrolle * Controllo positivo	* Positive Control * Control Positivo * Θετικός ορός ελέγχου
	* Controllo negativo * Contrôle Négatif * Negativ Kontrolle * Controllo negativo	* Negative Control * Control Negativo * Αρνητικός ορός ελέγχου
	* Calibratore * Etalon * Kalibrator * Calibrador	* Calibrator * Calibrador * Αντιδραστήριο βαθμονόμησης
	* Coniugato * Conjugé * Konjugat * Conjugado	* Conjugate * Conjugado * Σύζευγμα
	* Micropiastra rivestita * Microplaque sensibilisée * Beschichtete Mikrotiterplatte * Microplaca revestida	* Coated microtiter plate * Microplaca sensibilizada * Επικαλυμμένη μικροτρίδακα
	* Tampone di lavaggio * Tampon de Lavage * Waschpuffer * Solução de lavagem	* Wash buffer * Solución de lavado * Ρυθμιστικό διάλυμα πλύσης
	* Tampone substrato * Substrat * Substratpuffer * Substrato	* Substrate buffer * Tampón sustrato * Ρυθμιστικό διάλυμα υποστρώματος
	* Reagente bloccante * Solution d'Arrêt * Stopreagenz * Solução de paragem	* Stop solution * Solución de parada * Αντιδραστήριο διακοπής αντίδρασης
	* Tampone campione * Tampon Echantillons * Probenpuffer * Diluente de amostra	* Sample buffer * Tampón Muestras * Ρυθμιστικό διάλυμα δειγμάτων